

Koullou | Makka Collective – Portfolio



@Photo Credits: Loukas Stavrou | Performance: “ΑΝαρωθικούμαστεν” 2024

About Us

Koullou|Makka is a collective of disabled and non-disabled individuals, founded in 2022 in Limassol by Elena Sokratous, Nayia T. Karacosta, and Eleftheria Sokratous. With 10 active members, the team explores collaborative practices while expanding ideas around the body in relation to social constructs such as time, gender, disability, the public and the private sphere. Through inclusive artistic interventions, the collective opens up space for communication that transcends normative frameworks and encourages shared reflection and questioning.

Artistic Vision & Practice

We explore relaxed performance settings, offering audiences — with or without disabilities — the choice to move, stay, observe, or engage freely. The public space is a playground for

experimentation for us. Inspired by the concept of crip-time, our work embraces flexible, non-linear temporalities and seeks to destabilize traditional performance hierarchies.

Our practice centers on:

- Poetic activism
- Collective authorship
- Crip Aesthetics
- Interdisciplinary exchange
- Creative accessibility
- Ethics of care

Performance Projects & Public Interventions

Πάμεν Ζίκ Ζάκ

October 2024|Public Intervention

An interactive walk-based intervention exploring navigation in urban space — reimagining public participation and visibility.

Koullou|Makka was commissioned by YEU Cyprus, within the frame of the “Superheroes” project co-funded by the European Union. The walk happened twice in the city centre of Limassol and Nicosia.

Προς-Βάσμες-Περί-Δια-Βάσεις

October 2024| Public Intervention

A participatory walk for which our team designed and built DIY, non-permanent guiding tools for blind individuals in advance, enabling one of our blind team members to lead participants through public space in the Molos area. The project was commissioned by YEU Cyprus as part of the “Superheroes” initiative, co-funded by the European Union. The walk took place at Molos in Limassol.

Video link -compilation for both interventions: https://youtu.be/NWOiD_roZoo

ΑΝαρωθκιούμαστεν

December 2024| Performance

A relaxed durational performance inviting audiences to inhabit space and time without pressure. It was a 6 hr long journey of non-stop questioning structured within a score. The practice of questions was also a form of gentle audience activation, generating shared reflection and co-imagination. The performance included creative accessibility tools in order to be as accessible as possible to people with disabilities. It took place at Apothikes Papadaki, Limassol Municipal Arts Centre in the Frame of Beyond DisDance Festival 2024.



Image Credits: Christos Intzeyiannis | "ΑΝαρωθικιούμστεν" Performance 2024

Freak the Dream Out

May 2025| Accessible Performance Party

How do we celebrate? Can a party become an act of resistance to (hetero)normativity? Drawing inspiration from collective participatory processes such as the open experiential workshops on dreams and freaks - that took place within the frame of The Yard Residency - as well as from the practices within the artistic research of the collective, the happening "Freak the Dream Out" creates a space of co-existence that celebrates the grotesque. The performance was participatory and included creative accessibility tools in order to be as accessible as possible to people with various disabilities. It took place at Xydadiko in Limassol.

Video Teaser: <https://youtu.be/OgUVSgDeGcU>

Workshops and Educational Work

Education and collective learning are integral parts of Koullou|Makka's artistic practice. Through a range of workshops, participatory actions, and site-specific interventions, we create inclusive spaces for dialogue, experimentation, and embodied knowledge-sharing.



Access4All Festival2023|"Dreaming", Workshop into Performance 2023

Diversifying Performing Arts

December 2023| Public Discussion

Koullou|Makka showed their short film about how the team was created and based on the film we had an open discussion about accessibility and diversity in the performing Arts in Cyprus. Commissioned by Ipogeia Skini in the Frame of the 2nd Beyond DisDance Festival

Bending Lines

September 2024| Dance Workshop into Performance

Inclusive movement workshop with the themes of lines that can act as points of separations or as point of connection. Workshop outcomes were presented publicly in the form of a short performative act at Marina Square with all the participants. Commissioned by Reset in the frame of Access4All Festival 2023

Dreaming

September 2023| Workshop into Performance

A dance and theatre workshop around the topic of dreams. Workshop outcomes were presented publicly in the form of a short performative act at Marina Square with all the participants. Commissioned by Reset in the frame of Access4All Festival 2024

Beyond Representation

March 2025| Artist's Talk

A score- based public discussion around the topic of representation of disabled bodies in the field of performing and visual arts. At Xydadiko in Limassol: Commissioned by Mitos Organisation in the frame of Artists-talks within the Yard Residency 2025

Freak the Dream Out

April 2025| Workshops

An inclusive creating writing workshop and a movement workshop in which we have gathered material from the participants who joined to embed in our Performative Party which was related to Freaks and Dreams (see "Freak the Dream Out above). Workshops were part of our participation at "The Yard" Residency 2025.

Inclusive Theatre Practices

June 2025| Workshop

A theatre workshop in which members of Koullou|Makka had the chance to share some tools of their work in the frame of the Inclusive Camp in Agros Village organised by Reset. Iparcho and Ablebook Organisations in Cyprus.

A public space-related Workshop Series

May- June 2025| Workshops

Four workshops around four different topics related to public space and disability. Each Workshop was ending with a 45 minutes long public intervention. Produced by Koullou|Makka, funded by ONEK Cyprus and supported by Ipogia Skini/Synergeio.



Contact & Social Media

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